

September 23, 2011
Cross Cultural Issues in the Therapy Dyad
Kavita Avula, Psy.D.

This workshop will offer training in cultural sensitivity and awareness relevant to the clinical encounter. Common dynamics and dilemmas that emerge in both same race and different race therapy dyads will be explored as well as themes and challenges specific to working with clients living internationally at the time of intervention. This dialogue will highlight:

1. The sociohistorical context of our profession that has been imbued with racist attitudes since its inception.
 2. The value of embracing within-group differences versus between-group differences
 3. Identifying common (and most often unconscious) cultural transferences and countertransferences that challenge the integrity of the therapeutic relationship
 4. Technology's impact on working across countries
- Therapeutic strategies will be taught that include how to:
1. Foster an environment characterized by enough safety to speak openly about how culture manifests in the dyad
 2. Increase awareness about interventions that, though intended to help, result in alienating a client
 3. Create a healing experience despite unintentional painful repetitions

October 14, 2011
Ethics, Culture, and Acculturation
Sabrina Carrie Crawford, Psy.D.

This program will highlight ethical issues that arise when working with culturally diverse clients that are experiencing acculturation issues. Acculturation's impact on the individual and the family will be discussed. We will include working with trauma, abuse, privacy issues and effectively engaging client in treatment. Ethical issues that arise when working with clients that are culturally diverse will be explored to delineate best practices that adhere to guidelines of multicultural practice. This program will allow clinicians to identify how cultural awareness of ourselves and our clients can guide us through these ethical dilemmas.

We will clarify the following ethical areas:
Competence: the issue of the use of translators will be discussed and how to navigate the delegation of this role;
Multiple Relationships: culture highly informs the client's expectation of the role of the therapist. The therapist may also serve many functions for the client including counselor, advocate and advisor. How to manage these dynamics with culturally diverse clients in an ethical manner will be highlighted;
Informed Consent: Obtaining informed consent requires a client to be informed about the nature of the therapeutic relationship and anticipated course of therapy. How to comply with this ethical code will be discussed, particularly as it relates to working with culturally diverse clients.

November 4, 2011
Marriage Therapy in Three Stages
Steven J. Stein, LCPC

This seminar will conceptualize the process of Marriage Therapy within three stages: Relationship Building / No Fault Marital Assessment, Building Mutual Understanding and Sustaining Change. Accompanying each stage, strategic interventions will be amplified and demonstrated via a virtual couple or case study. Underlying these concepts is a theoretical model based in the school of thought of Alfred Adler. Our attendees will learn the three stages of therapy and strategic interventions appropriate to each step.

- I. Relationship Building and No Fault Marital Assessment, Coupling and compensatory attractions, The Initial Interview
- II. Building Mutual Understanding/The Pursuit of Empathy - Teaching Communication Skills, Illuminating Adlerian methodologies of: lifestyle influences, early recollections, and task assessment, using Chapman's "Love Language"
- III. Sustaining Change - Teaching Partnership Meetings, Introducing the ingredients of highly functional marriages

OUR SPEAKERS:

Kavita Avula, Psy.D. is a staff psychologist at Catholic University Counseling Center and also teaches cross-cultural psychology at George Washington University. Her international experiences includes stress management support in Ramallah, West Bank; consulting to an orphanage in Cuzco, Peru; working as a counselor for unaccompanied adolescents seeking political asylum due to war. Dr. Avula received her Psy.D. from the Illinois School of Professional Psychology.

Sabrina Carrie Crawford, Psy.D. is the Director of Internship Training at the Catholic University Counseling Center and also teaches at George Washington and Trinity University. Dr. Crawford earned her doctorate in Psychology from George Washington University. Dr. Crawford has taught and Ethical, Legal and Professional Issues course and develops all training activities for clinical interns that emphasize ethical standards and practice. Her clinical practice, training and supervision provide thoughtful perspectives on ethical challenges and how they can be confronted.

Steven J. Stein, LCPC, brings nearly thirty years of experience to the practice of marriage and family therapy. He has a master's degree in Counseling Psychology from Chicago's Adler School of Professional Psychology (1979). He is an adjunct instructor in the counseling department in the School of Education of John Hopkins University, and the Parent Encouragement Program (PEP) in Kensington, MD. He is the current president of the North American Society of Adlerian Psychology (NASAP).

PROGRAMS HELD AT:
Johns Hopkins University
Montgomery County Center, Gilchrist Hall
9601 Medical Center Drive Rockville, Maryland

NOTE: The Medical Center Drive entrance is closed due to construction. You must now enter from Brotschart Road – see directions below:

Getting there from I-270: Take Exit 8 (Shady Grove west). Once on the exit ramp, stay in the left lane. At the light make a left turn onto Shady Grove Road (west). Proceed approximately 0.4 miles to Key West Avenue. Turn right at Key West and follow to second light. Make a left onto Brotschart Road. The Montgomery County Campus will be your first left turn, #9601-9605

Getting there from Route 355: Take Shady Grove west (turn right onto Shady Grove if you have been traveling south on 355; turn left onto Shady Grove if you have been traveling north on 355). Turn right at Key West and follow to second light. Make a left onto Brotschart Road. The Montgomery County Campus will be your first left turn, #9601-9605

Please do not park in reserved spaces.

**SIGN-IN AND COFFEE: 8:30 A.M.
PROGRAM: 9:00 A.M. – 12:15**

The Child Center and Adult Services, Inc. (CCAS) is a private, non-profit agency in its 33rd year of providing mental health services to children, adults and families. CCAS also offers clinical services to women with postpartum depression. It has a Positive Aging Program for older adults at the Rockville Senior Center and at the Oaks in Gaithersburg and provides mental health services in primary care community clinics in Gaithersburg, Takoma Park and at Mobile Med.

REGISTRATION:

I am planning to attend

- September 23, 2011
 October 14, 2011
 November 4, 2011

Name: _____
Address _____

Organization: _____

Home Phone: _____

Work Phone: _____

Email Address: _____

I am a: Counselor ___ Ph.D. ___ LCSW ___

Other (specify) _____

Fee per workshop: **\$50.00**

Total amount enclosed: _____

Type of credit card: _____

(Visa, Mastercard, Discover only)

Credit card number: _____

Expiration date: _____

3 digit security code: _____

Zip code: _____

Cancellations/refunds: 48 hours notice

Please send registration form and check payable:

Child Center and Adult Services, Inc.
Attn: Continuing Education
16220 Frederick Road, #502
Gaithersburg, MD 20877

Non-Profit Org.
US Postage Paid
Permit 1168
Rockville, Maryland

Child Center and Adult Services, Inc.
Shady Grove Professional Building
16220 Frederick Road
Suite 502
Gaithersburg, MD 20877

FALL 2011

**THE CHILD CENTER AND
ADULT SERVICES, INC.
PRESENTS
THREE CE WORKSHOPS:**

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Ethics, Culture and Acculturation
October 14, 2011

Marriage Therapy in Three Stages
November 4, 2011

Child Center and Adult Services, Inc.
16220 Frederick Road #502
Gaithersburg, MD 20877
Tel.: 301-978-9750 Fax: 301-978-9753
E-mail: ccas1@verizon.net
www.ccascounseling.org

Each workshop provides three hours of continuing education credit. The Child Center and Adult Services is approved by the National Board for Certified Counselors and the Maryland Board of Social Work Examiners. CCAS is approved by the American Psychological Association to sponsor continuing education for psychologists. CCAS maintains responsibility for this program and its content. CCAS is offering this activity for 3 hours of continuing education credit. **Full attendance is required to receive credit; credit for partial attendance will not be awarded.**